



WAIVER AND RELEASE FROM LIABILITY

1. I, the undersigned Releaser, represent that I am, or my child or ward is, currently in good health and physical condition.
2. Releaser acknowledges and fully understands that each participant in any training session, event, practice or any other activity, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to persons or property including death, and that severe social and economic losses may result not only from their own actions, inactions or negligence, but also from the actions, inactions of negligence of others, the rules of play, notwithstanding the condition of the premises or of any equipment used; and, further Releaser acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time, and Releaser assumes all the foregoing risks and accepts personal responsibility for damages following such injury, disability or death.
3. I, the undersigned (if participant is 18 years or older) or parent or guardian of the undersigned minor participant (hereinafter also referred to as "Releaser"), on behalf of myself, my heirs, my child or ward, personal representatives, agents, insurers, successors and assigns, hereby forever release, discharge, agree to hold harmless and covenant not to sue Big Time Results, LLC, its insurers, its trainers, administrators, agents, directors, officers, members, committees (and if applicable) owners, lessors and operators of premises used to conduct any Big Time Results, LLC training session, event, practice or any other activity (hereinafter also referred to as "Releases") from any and all liabilities, claims, demands, injuries, damages, actions, or causes of actions, regardless of whether said alleged liabilities are based upon negligence or some other grounds, or losses of any kind or nature, past, present or future, that I may hereafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any personal training session, event or any other activity conducted by Big Time Results, LLC, or its agents, including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.
4. The undersigned Releaser understands and acknowledges that Big Time Results, LLC activities and the activities of personal training in general, may have inherent dangers that no amount of care, caution, training instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any Big Time Results, LLC training session, event, practice or any other activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.
5. I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT.

(Participant's Signature) Print Name Date

The undersigned, _____ does hereby represent that he/she is, in fact, the parent or legal guardian or _____ and acting in such capacity agrees to terms and conditions of the above stated waiver and release.

(Signature of Parent or Legal Guardian of Participant under the age of Eighteen (18) Years) Date

(Print Name & Relationship to minor)
BigTime Results, LLC TM